

Talence

Cité
jeunes
Edition 2026-2027



Talence
JEUNESSE



talence.fr





Editorial

What would Talence be without its university and high school students—and, more broadly, without all the young people who make our city's heart beat? They are present in our streets, our facilities, our community groups, and our local businesses. Every day, they bring their energy, ideas, projects, and aspirations.

Talence is well known as a major university city. It is also a hub for secondary education, with numerous high schools and institutions welcoming thousands of young people. Nearly 40% of our population is under the age of 25 ; this figure speaks volumes about who we are : a young, vibrant city with its sights set on the future.

We want to welcome, listen to, and support this younger generation in the best possible way. That is the purpose of the Cité Jeunes: to help everyone find the right contacts and information—and, at times, the little boost needed to move forward.

To everyone living, studying, or starting their journey in Talence, I simply want to say : you are at home here. Enjoy the city, make it your own, surprise us, and help it grow along with you.

Emmanuel Sallaberry
Mayor of Talence

YOUR ELECTED REPRESENTATIVE



**Patricia
Costaglioli**

City Councillor

Youth, student life, relations with higher education, town twinning

patricia.costaglioli@talence.fr

If you wish to meet her, make an appointment with the Youth and Student Life Department.

au 05 56 84 78 13

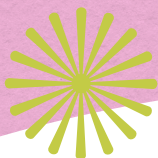




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The Youth and Student Life Office

Info Jeunes Talence Campus

INFO JEUNES TALENCE CAMPUS is a place where I can meet Isabel, Thomas and Jade, the coordinators of the Youth and Student Life service. They are there to welcome me, chat with me, provide information, and help me find the right contacts for my needs. I can also drop by the office to stay informed about all events related to the cultural and social programme in Talence and across the metropolitan area.

On site I can :

- use computers with Internet and print documents for free (black and white)
- connect my devices to Wi-Fi and work in a dedicated workspace
- take advantage of the relaxation area for a break
- Find information on careers, education, health, leisure activities, sports and culture

To support my projects and my daily life, I can also benefit from various resources offered by the Youth and Student Life Office, described on the following pages.

FOLLOW US ON SOCIAL MEDIA !



AT INFO JEUNES TALENCE CAMPUS, I CAN ACCESS A WIDE RANGE OF FREE RESOURCES

PERIODS PRODUCTS



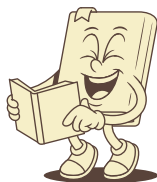
DRINKS COVERS



CARDS
T'ES RELOU



A selection of graphic novels and comics exploring identity, wellbeing, and social issues.



I CAN BROWSE ALL THE AVAILABLE BOOKS WITH THE LINK

<https://linktr.ee/infojeunestalencecampus>



Presentation of the Regional Center Youth Information Nouvelle Aquitaine

INFO JEUNES TALENCE CAMPUS is part of the Info Jeunes Network. The regional headquarters, the CRIJ is based in Bordeaux

The Nouvelle Aquitaine Center Regional Youth Information (CRIJNA) is a non-profit organization with a public service mission. It coordinates the Youth Information across the region.

I can find Info Jeunes center throughout the Bordeaux metropolitan area :

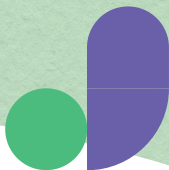
- Info Jeunes Nouvelle-Aquitaine, as well as across France infojeunesfrance.org/reseau

The CRIJNA offers a wide range of resources and practical guides to help me with topics such as housing, studies or administrative procedures. I can also find information about mobility (going abroad, internships, etc) and receive guidance with my research.

I can consult guides like these if I need help or information

- With the CRIJNA's guide to everyday hassles, I can better understand and manage daily issues Guide des emmerdes (Guide to Everyday Problems) : [Le guide des emmerdes \(édition 2025\)](#)
- find accommodation : [Guide du logement](#)
- studies, internship in Europe, etc. : [Destination Europe et un peu plus loin](#)
- volunteering, citizenship, etc. : [Jeune et engagé-e \(édition 2024\)](#)



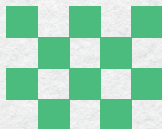


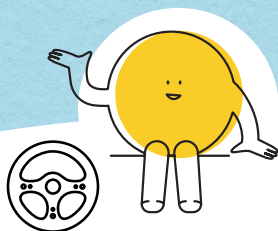
Café Papote des étudiants

LE CAFÉ PAPOTE is a special gathering organized by the Youth and Student Life Office for young people. Every other Tuesday from 11 AM to 2 PM, a staff member from Info Jeunes Talence Campus is on hand in front of Resto U 2.

I can chat with an Info Jeunes advisor over a free coffee or tea and find out about the support offered by the City of Talence.

VARIOUS ASSOCIATIONS ARE INVOLVED IN THIS PROGRAM THROUGHOUT THE YEAR !
For example, I can learn to make my own cosmetics and cleaning products with the CESEAU association or find out about the support available to me with the CCAS— along with many other activities to discover.





Permis Jeune & solidaire (Youth Solidarity Driving Licence Scheme)

A SOLIDARITY-BASED scheme that encourages local engagement while supporting independence. The city helps fund my driving licence (category B) or accompanied driving from the age of 15.

In return, I commit to volunteering in local associations.

Once I obtain my driving licence, the city will reimburse me €700.

To benefit from this scheme, I have to meet the advisors at Info Jeunes Talence Campus, who will support me throughout the process.

To obtain this financial support, I must :

- Be between 15 and 25 years old
- Have passed the traffic code
- Have been living in Talence for at least 3 years
- Get a driver's licence at a driving school in Talence
- Be taking part in a volunteering assignment eligible for the program : Information available at : benevolat.talence.fr



Permis jeune & solidaire

DISPOSITIF OUVERT À L'APPRENTISSAGE
ANTICIPÉ DE LA CONDUITE
DÈS 15 ANS

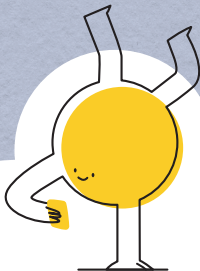
UNE AIDE DE
700€
À L'OBTENTION
DU **PERMIS B**

+ D'INFOS
www.talence.fr/permis-jeune

Renseignements et inscription :
Info Jeunes Talence Campus - 05 56 84 78 13

 talence.fr





Finding a job

FINDING A STUDENT OR SUMMER JOB TAKES PREPARATION.

I can start working from the age of 16. I am paid the minimum wage (SMIC) : €12.02 gross/ €9.52 net (January 2026) with a reduced rate if I am 16 (80%) or 17 (90%).

Each month, I have to receive a payslip (which I should keep permanently), showing : employer details, job position, working hours, wages (gross/net), and social security contributions.

If I encounter any problems (contracts, working conditions), I can contact the DREETS :

• [Direction régionale de l'économie, de l'emploi, du travail et des solidarités \(DREETS\)](#)

Site : nouvelle-aquitaine.dreets.gouv.fr/Gironde



How do I go about it ?

Each year, the Youth and Student Life Office, organizes a Summer Job Forum. I can meet recruiters from the region to help me find a summer job. If I am unable to attend, I can find the job announcements displayed from March to June at Info Jeunes Talence Campus.

I can ask the coordinators questions and receive help to improve my CV and my cover letter using the open access computers.

How to write my CV :



How to write my cover letter :





JOBS D' ÉTÉ



**SAMEDI 13 MARS
AU DÔME 2027**
10h-12h | 14h-16h30

**From 18 years old
INTERVIEWS ON SITE**

**Workshops - Job opportunities
BRING YOUR CV**

PARKING DU STADE NAUTIQUE | BUS 6 | THOUARS ROCADÉ SORTIE 17 | 221, AVENUE DE THOUARS

INFO JEUNES TALENCE CAMPUS - 05 56 84 78 13
ijtc@talence.fr

 **Talence
JEUNESSE**

 **infojeunes**
L'ALTERNANCE EN FAMILIA

 [talence.fr](https://www.talence.fr)

If I am looking for a job for the whole year, I can consult websites that list job opportunities:

- jobs.pourlesjeunes.com
- 1jeune1solution.gouv.fr
- jobaviz.fr
- francetravail.fr

I CAN ALSO GO TO THE ESPACE ESPELÉTA, located at 23 avenue Espeléta. There, I can find support for professional integration and job searching. This service will help me build a strong career plan and enter the workforce.

> **MUNICIPAL EMPLOYMENT OFFICE**

05 56 84 78 95

service.emploi@talence.fr

8h30 - 12h30 / 13h30-17h

(morning by appointment only)

Open and accessible to all, the service provides support, guidance, and job opportunities to all job seekers in Talence.

The service offers job listings in the city and the metropolitan area, from local businesses. It also has an office at Le Dôme (Avenue de Thouars).

> **THE LOCAL EMPLOYMENT OFFICE FROM GRAVES**

05 33 89 05 24

contact.talence@mldesgraves.fr

Monday to thursday 9:00 AM - 12:30 PM / 2:00 PM - 5:00 PM

A place for support, guidance and support for the 16 to 25 years old

> **The Local Plan for Integration and Employment (PLIE)**

Espeléta area

05 57 96 86 82

plie.portesdusud@9business.fr



**EVERYTHING YOU NEED TO KNOW ABOUT THE ESPACE
ESPELÉTA AND ITS PARTNERS :**
talence.fr/service-emploi





BAFA

THE TRAINING FOR THE BREVET D'APTITUDE AUX FONCTIONS D'ANIMATEUR (BAFA) takes a maximum of 30 months to complete. It allows supervision of children and young people all over the year : during school break, at recreation centers and after-school programs.

Who, what, how ?

- I am at least 16 years old for the first day of the program
- I need to sign up on the official website : jeunes.gouv.fr/bafa-bafd to obtain my unique registration number.
- I enroll in a training program offered by an accredited institution : bafa-bafd.jeunes.gouv.fr/baf-candidat/app/liste-organisme-formation

THE 3 STEPS



1. GENERAL OR THEORETICAL TRAINING

Discovery and practice of the different roles of a youth activity leader

8 DAYS



2. PRACTICAL PLACEMENT

Hands-on experience in a real-life setting within an "Accueils Collectifs de Mineurs" (ACM) (collective childcare or youth facilities). This placement can be completed in up to two different ACM structures

14 DAYS



3. SPECIALISATION OR QUALIFICATION COURSE

Further develop knowledge and skills, particularly by analysing the practical placement.

- Specialisation course : explore a specific theme to develop animation and facilitation skills
- Qualification course : a specialisation allowing supervision of specific activities (e.g. lifeguard qualification)

6 TO 8 DAYS

THESE TRAINING COURSES REQUIRE PAYMENT, BUT FINANCIAL SUPPORT MAY BE AVAILABLE.

At Info Jeunes Talence Campus, I can learn more about the BAFA and receive support with my application process.

For more information : ijtc@talence.fr ou 05 56 84 78 13



Funding my "BAFA"

THE NATIONAL FAMILY ALLOWANCE FUND (CNAF) offers for all financial support of €200. For this, I have to complete the application form downloadable on the CAF's website. Other financial support from CAF of the Gironde benefit that may be combined : CAF - caf.fr

THE NOUVELLE AQUITAINE REGION offers financial support for young people aged 17 to 30 years old, subject to income conditions :

- **200 €** for the BAFA
- **400 €** for the BAFD
- **150 €** or the BNSSA (swimming pool lifeguard qualification)
- **400 €** for the BNSSA (open water qualification)

Please note ! only one grant can be awarded per training programme. The application for financial support must be submitted to the Region before the end of the training for which the grant is requested.

Information and application forms are available online at :
les-aides.nouvelle-aquitaine.fr

Additional qualifications compatible with the BAFA

I CAN PASS THE PSC1 OR THE BSB, VERY SOUGHT BY THE RECRUITERS.

- **LE PSC1** is a program to learn how to intervene effectively before the arrival of emergency responders.

Where can I sign up?

> **Talence Civil Protection Association**

Tél. 05 56 04 38 00

protectionciviletalence.fr

> **Croix-rouge française : Délégation départementale de la Gironde**

hub.croix-rouge.fr

• **BSB : THE SWIMMING SUPERVISION CERTIFICATE**

The swimming supervision certificate (BSB) is aimed at people who wish to supervise the swimming of children in the context of group care for minors (vacation and recreation center). It is reviewed every five years.

Eligibility requirements for the exams : be of legal age, have a medical certificate of fitness, and hold a PSC 1 certification.

Where can I sign up ?

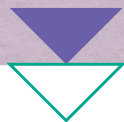
> **ALASCA VO aquatique**

alascavo-aquatique.com

> **LES SAUVETEURS BÈGLAIS**

surfboat33.fr





Looking for a practical internship

I CAN APPLY FOR A PRACTICAL PLACEMENT BY SENDING OR SUBMITTING A CV AND A COVER LETTER.

MUNICIPAL STRUCTURES :

- > **LEISURE CENTRES :**
centresdeloisirs@talence.fr
- > **MULTI-SPORT SCHOOL AND MUNICIPAL SPORTS HOLIDAY PROGRAMMES**
animation-sportive@talence.fr

COMMUNITY AND NON-PROFIT ORGANISATIONS :

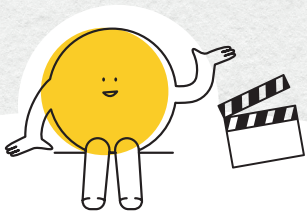
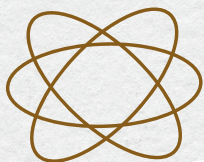
- > **LUDILOISIRS CENTRE**
contact@ludiloisirs.fr
- > **MIX-CITÉ COMMUNITY CENTRE**
cstalence.enf@orange.fr
- > **YOUTH ACTIVITY CENTRE (CAJ)**
cajtalence@hotmail.com

SOME WEBSITES IN THE ANIMATION SECTOR

These platforms allow me to browse job offers, and in some cases, submit applications online : :

- animjobs.com
- planetanim.com
- jobanim.com
- jesuisanimateur.fr





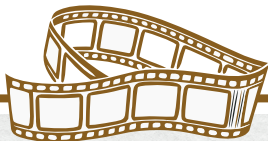
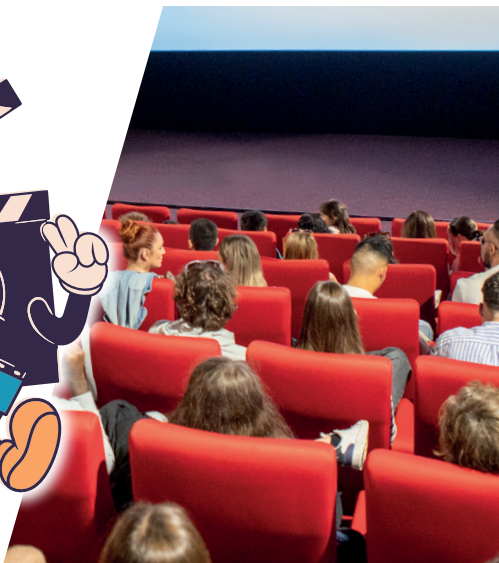
CLAP!

Création libre, audiovisuelle & pédagogique

CLAP ! is a programme that gives me the opportunity to take part in a real film production as an actor, extra, or crew member (camera, sound, set design, etc.). It allows me to develop, write, film, or act in a short film with the support of film professionals.

If I am a high school or university student living or studying in Talence or the Bordeaux Metropolitan Area, with or without previous experience, and I am motivated to take part in a creative group project, discover careers in filmmaking, and

ALL CLAP ! FILMS ARE SCREENED FREE OF CHARGE
AT UGC TALENCE





T'as de l'idée

I have a lot of ideas in mind but I lack the methods, information, and network to bring them to life. Info Jeunes Talence Campus can help me, especially through the **T'AS DE L'IDÉE !**

The scheme (Talence Support for Local Youth Initiatives) provides financial support ranging from €150 to €800 to help fund all types of projects. I am eligible if I live or study in Talence (or if the project leader is based in Talence), and if I am between 12 and 30 years old. Even with just a rough idea, "T'as de l'idée!" can help me turn it into a real project, both financially and practically. Come with your idea and leave with your project !

Talence
Le soutien local
aux initiatives des jeunes

T'AS DE L'IDÉE !?

Une aide technique et un soutien financier
de 150 à 800€

✓ J'ai entre 12 et 30 ans ✓ J'habite ou j'étudie à Talence

LE SERVICE JEUNESSE ET VIE ÉTUDIANTE PEUT M'AIDER
INFO JEUNES TALENCE CAMPUS - 05 56 84 78 13 - jjtc@talence.fr
[f](#) /JJTCampus [@](#) infojeunes_talencecampus

Talence JEUNESSE [talence.fr](https://www.talence.fr)



[Check out the projects that have been awarded here :](#)





Help and Resources

If I need help I can contact :

Health and support

> **Espace Santé Étudiant (Student Health Centre) / Pessac Campus**

22 avenue Pey-Berland, 33600 Pessac (Tram B – Doyen Brus)

Monday to Thursday : 9:00 AM – 7:00 PM / Friday : 9:00 AM – 5:00 PM

sante-etudiants-bdx.fr

> **Centre de santé Bagatelle (Bagatelle Health Centre)**

203, route de Toulouse

05 57 12 40 32 – s.centredesante@mspb.com

- Family Planning Centre (free for minors), by appointment : contraception, emotional and sexual health, and gynecological care
- Gynaecological consultations and abortion (IVG) services, by appointment at 05 33 89 04 89 (direct IVG line – Wednesday and Thursday mornings)
- Perinatal and postnatal consultations, by appointment
- Medical consultations : general medicine, dermatology, cardiology
- Youth Listening and Support Point (ages 11-25) : several drop-in sessions available across different locations. Appointment can be booked via Doctolib www.gironde.fr/acteurs-jeunesse/les-ressources/points-d-accueil-ecoute-jeunes-paej

> **Le Girofard - LGBTQ + centre**

21 rue du Loup, 33000 Bordeaux

05 64 72 14 94

Tuesday and Thursday : 10:00 AM – 1:00 PM and 2:00 PM – 7:30 PM

le-girofard.org

> **Helplines**

- Drogue Info Service : 0 800 23 13 13 (every day, 8:00 AM – 2:00 AM)
- Sida Info Service : 0 800 840 800 (everyday, 8:00 AM – 11:00 PM)
 - > information, prevention and health-related questions
- Fil Santé Jeunes (ages 12-25) : 0 800 235 236 (every day, 9:00 AM – 11:00 PM)
 - > personal, social or emotional difficulties, sexuality and wellbeing
- Suicide Écoute : 3114 (24/7)
- Violence Against Women Helpline : 3919
 - > information and support (please note : this is not an emergency number)

Food aid and solidarity

> Comptoir d'Aliénor

A social, community-oriented, and cultural grocery store on the Talence Campus Registration via an online application :

comptoir.alienor@fede-atenaf.fr

fede-atenaf.fr

> Maison des Solidarités :

211 avenue de Thouars, Talence - 05 56 84 78 71

Six associations are present : Restos du Cœur, Secours Catholique, Espoir pour Tous, Saint Vincent de Paul and the Talence Families Association

- Support and assistance for vulnerable or disadvantaged people
- Material and emotional support, information and help accessing rights
- Easier access to leisure activities, culture and wellbeing

> France Services Centre :

Le Dôme 221 avenue de Thouars

05 56 84 64 40 / france.services@talence.fr

For administrative procedures such as RSA (income support), activity bonus, housing or family benefits, driving licence, vehicle registration and more, France Services can support me with all my administrative processes Monday to Friday : 9:30 AM - 1:30 PM (walk-in service) By appointment : Monday, Tuesday and Wednesday from 2:00 PM to 5:00 PM. Closed on Thursday and Friday afternoons Le Dôme, 221 Avenue de Thouars — 05 56 84 64 40 / france.services@talence.fr

Get involved

> Maison du développement durable (Sustainable Development Centre)

Parc Peixotto

Monday to Thursday : 2:00 PM - 6:00 PM / Friday : 2:00 PM - 4:45 PM

05 56 84 34 66 - mdd@talence.fr

The place to about and take action for the environment : workshops (gardening, cosmetics, biodiversity, etc.), advice, and eco-friendly practices.

> Volunteering Platform - Talence Bénévolat :

benevolat.talence.fr

Deals and Discounts

> Carte Jeune

A free app for under-26s living in the Bordeaux metropolitan area Over 250 partners (cinemas, sports, museums, events, etc.) Discounts available via the digital card in the app Registration with ID and proof of address

cartejeune.bordeaux-metropole.fr

instagram : [@cartejeunebm](https://www.instagram.com/cartejeunebm)

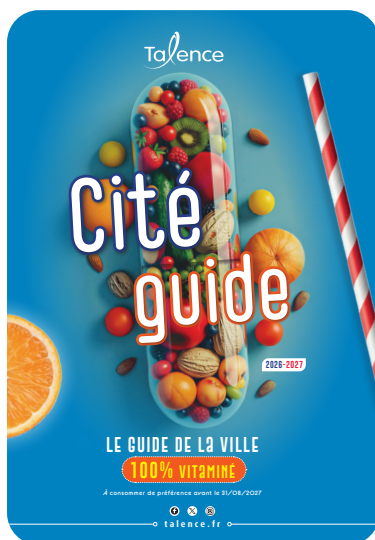
Useful platform

> Soliguide

Helps me easily find local support services: accommodation, healthcare, food aid, and social support

soliguide.fr

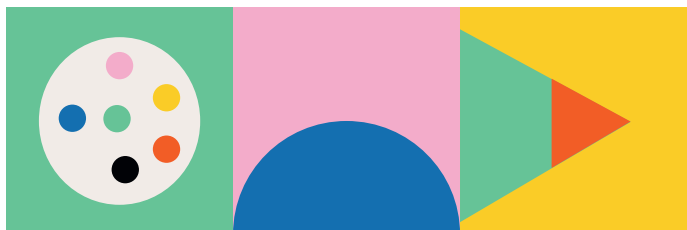
I AM LOOKING FOR A CLUB OR A LEISURE
OR CULTURAL ASSOCIATION... ETC. I CAN CHECK THE CITY GUIDE

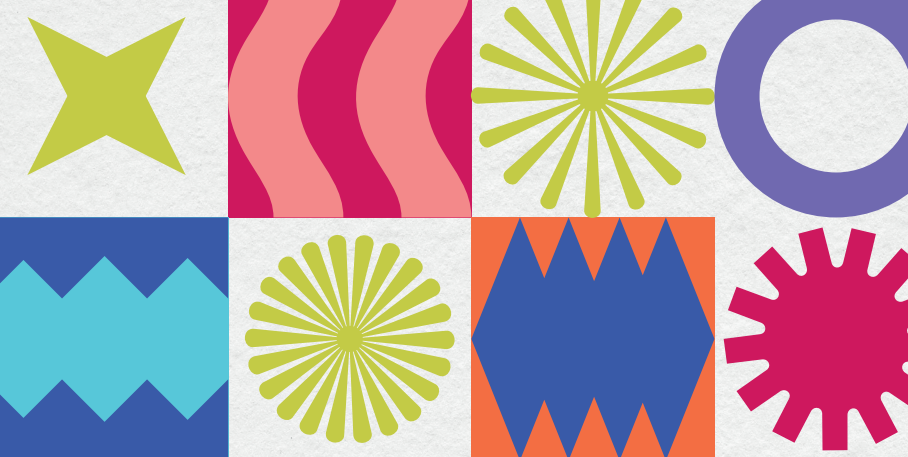




THANKS

Jade B, Lucille, Mali, Ines, Éloïse, Maïk, Julie, Hady, Nina, Sylvain, Emma B, Grégory, Paul-André, Sacha, Jade H, Paco, Romain, Alric, Hugo, Clémence J, Gabin, Juliette, Annabelle, Clara, Caroline, Clarisse, Nicolas, Aliénor, Maxime, Anissa, Alysée, Luc, Gabin, Alyssa, Luka, Marie, Sandro, Anouk, Alana-Mae, Raouen, Myriam, Sihem, Lili, Estelle, Salomé, Juliette, Clélia, Paul, Vincent, Jonathan, Otis, Tristan, Christophe, Sylvain, Cyril, Angélique, Malone, Elouna, Amélia, Gyslain, Emma E, Clémence B, Ramoulatu, Susana, Alice, Jeanne, Angéline, Safa, Valentin, Naëlle, Yann, Tymeo, Laureline, Le, Cécile, Philippe, Océane, Suzy, Jean-François, Patricia, Vincent, Hervé, Laurence, Isabelle, Anne-Sophie, Béatrice, Corinne, Valentin, Alain, Florence, Jessica, Cyril, Fabrice, Thomas, Katel, Gaidig, Margaux, Leila, Jolan, Tatev, Lyasinne, Rozelin, Timéo, Elodie, Paloma, Dona, Sahra, Markus, Ambre, Soukaina, Lina, Justine, Julia, Mylan, Ramana, Zoé, Jeremy, Badia, Rime, Jeanne, Kenza, Rabah, Igor, Léo, Ines, Flora, Billel, Célia, Hichem, Sarah, Medhi, Hugo, Anna, Lou Ann, Cheïma, Eleonore, Andrei, Matis, Ibrahima, Younes, Houdayfa, Maximilien, Maxime, Hippolyte, Clement D, Anaïs.





infojeunes Talence Campus
EXPLORER LES POSSIBLES

Info Jeunes Talence Campus

📞 Tél. 05 56 84 78 13

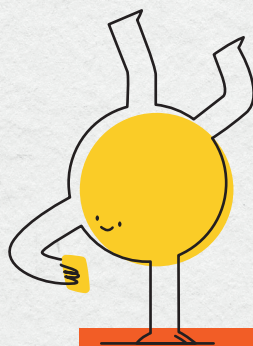
✉️ ijtc@talence.fr

📍 17, avenue Espéléta 33400 Talence

Tuesday to Friday : 1:00 PM - 6:00 PM

Bus & tram stop : Talence Centre-Forum, Tram B / bus 23 et 73

Bus & tram stop : Arrêt Peixotto, Tram B / bus 21, 23 et 31



Conception : Ville de Talence - Do not litter in public places.

Disponible en Español



talence.fr